THE STAR

A Bi-Weekly Paper, publishe in the interest of the Colored Pcople of the South.

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EDITOR AND PROPRIETOR.

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MORAL AND RELIGIOUS.

Enjoy the World. The world and all that is in it contributes to your enjoyment if you will it so. The night is yours. It brings you tired nature's sweet restorer, balmy sleep. It often brings you pleasant dreams-dreams in which you repossess and live over the enjoyments of the past. Stars and moon throw their light over your pathway. Morning breaks for you, and it is your own fault if you keep your eyes shut when it is purpling the east, and awakening the animal world to renewed life and activity. The beauty of the waterfall is yours, although the water may not turn your mill; and the bright green grass is yours, though the hay that it makes may be another's. The birds sing for you. At this season the robin, the wren, the thrush, the cuckoo and the lark are giving daily concerts free to all. Enjoy your family, the companionship of your friends, and when you are alone, solitude is greatly to be enjoyed. Enjoy your walks-a drive with a good horse, if you happen to have one; why not? Enjoy all innocent pleasures and amusements-enjoy life all that you can-and be grateful for all your opportunities of enjoyment even if they are not as plentiful as you wish them to be.

Religious News and Notes. Ex-Governor Judge Joel Parker, of New Jersey, has joined the Presbyterian church at Freehold.

distinct Methodist denominations in the world, with a total of 4,630,780 mem-

The First Protestant church in Albuquerque, New Mexico, has just been opened. It is a Congregational society, the only one of that order in the Terri-

The African Methodist Episcopal church claims that it has 387,566 members and probationers, against 215,000 reported in 1879.

The Rev. Dr. Ldwards of Chicago is an enthusiastic bicycle rider. He spins into the city from his home in a suburb nearly every day, and attracts much attention. He intends next summer to make a bicycle tour of England.

A Roman Catholic paper says that had the church retained all her children there should now be in the country from 20,000,000 to 25,000,000 members of that church, whereas there are now less than 7,000,000. It attributes the great losses to the influence of the public schools.

Seventy-nine of the one hundred Congregational home missionaries in Kansas report that they are serving 137 churches and ninety-seven out-stations. During the last year they organized fifty-three Sunday schools and twentytwo churches. They report 279 conversions and 352 additions to the churches on confession of faith, and 420 by letter.

A table on the ratio of ministers to members in various denominations shows that in the African Methodist church there is one minister to every 224 members; Reformed (Dutch) church, one minister to 147; Presbyterian, one to 114; Protestant Episcopal, one to 100; Congregational, one to 107; Methodist Episcopal, one to 144. The average in seventeen denominations is one to 141.

A GREAT REVELATION.

Some Valuable Thoughts Concerning Human Happiness and Timely Sugges-tions About Securing It.

SYNOPSIS OF A LECTURE DELIVERED BY DR. CHAS. CRAIG BEFORE THE METRO-POLITAN SCIENTIFIC ASSOCIATION,

"The public speaker of the present day last bors under difficulties of which the speakers of the last century never dreamed, for while the audiences of the past received what was said without question, those of the present day are usually the mental equals or superiors of the ones who address them. Rev. Dr. Tyng, of New York, when a theological student, supplied a church in a neighboring town, and on his way to preach one morning met an aged colored man. "Well, Uncle, do you ever go to hear the young preacher?" asked the unfledged doctor. "No, Massa," replied the negro, "dis chile don't let none o' dem students practis on him." The darkey had begun to think. The free and independent thought of this age accepts statements only where they are proven to be truth, while the development of mental power seems equally great in every other department of life. The valuable inventions of the day are counted by thousands. The increase of scientific study is thingard. by thousands. The increase of scientific study is universal. The spirit of inquiry in all fields is so marked as to cause COMMENT ON EVERY SIDE,

while recople seem investigating and advancing in every direction which can help them morally, mentally or physically. This is specially true of the human body and everything which concerns it, and the truths which the people have found, even in the last fifty years, are simply marvelous. How really ignorant some subjured and suppossibly scientific nearly were outtired and supposably scientific people were only a few years ago as compared with the present day, may be better understood from a few illustrati e facts. A prominent writer prepared an elal rate essay to prove that steamships could nev cross the Atlantic, and his pamphlet was issulinst in time to be carried by the first steamer that went to England. People once believed that the heart was the seat of life and health. It is now known that this organ is only a pump, simply keeping in motion what other and more important organs of the body have created and transformed. It was once supposed that if a person felt a pain in the back, the liver was deranged; if a pain in the lower chest the lungs were affected and consumption was near; it is now known that a pain in the back indicates diseased kidneys, while troubles in the lower chest arise from a disordered liver and not imperfect lungs. A severe pain in the head was once thought to come from some partial

by removing the cause can the pain be cured It is a matter of

derangement of the brain; it is now known that troubles in other parts of the body and away from the head, cause headaches and that only

that General Washington was bled to death. His last illness was slight, and caused principally by weariness. A physician was called who bled him copionsly. Strange to say, the patient became no better. Another doctor was called, who again took away a large amount of the vital fluid. Thus in succession four physi-cians drew away the life of a great man who was intended by nature for an old age, and who pre-maturely died—murdered by malpractice— bled to death. That was the age of medical bleading?" bleeding !"

The speaker then graphically described anthe speaker then graphically described another period which came upon the people, in which they assigned the origin of all diseases to the stomach, and after showing the falsity of this theory, and that the kidneys and liver were the causes of disease, and that many people are suffering from kidney and liver troubles to-day had been these three t who do not know, but who should know it and attend to them at once, continued: "Let us look at this matter a little more

hurch at Freehold.

It appears that there are twenty-five istinct Methodist denominations in the machinery out of order while the most simple and common sense care restores and keeps them in perfect condition. When it is remembered in perfect condition. When it is remembered that the amount of happiness or misery we are to have in this world is dependent upon a perfect body, is it not strange that simple precautions and care are not exercised? This is one of the most vital questions of life. People may avoid it for the present, but there is certain to come a time in every one's experience when it must be faced.

"And here pardon me for relating a little personal experience. In the year 1870 I found

personal experience. In the year 1870 I found myself losing both in strength and health. I could assign no cause for the decline, but it continued, until finally I called to my aid two prominent physicians. After treating me for some time they declared I was suffering from Bright's disease of the kidneys, and that they could do nothing more for me. At this time I was so weak I could not raise my head from the

FAINTED REPEATEDLY.

My heart beat so rapidly it was with difficulty I could eleep. My lungs were also badly involved; I could retain nothing upon my stomach, while the most intense pains in my back and bowels caused me to long for death as a relief. It was at this critical juncture that a physical longing which I felt (and which I most firmly believe was an inspiration) caused me to send for the leaves of a plant I had once known in medical practice. After great difficulty I at last secured them and began their use in the form of tea. I noticed a lessening of the pain at once; I began to mend rapidly; in five weeks I was able to be about and in two months I became perfectly well and have so continued to came perfectly well and have so continued to this day. It was only natural that such a re-sult should have caused me to investigate most theroughly. I carefully examined fields in medicine never before explored. I sought the cause of physical order and disorder, happiness and pain, and I found the kidneys and liver to be the governors, whose motions regulate the entire system."

After describing at length the offices of the kidneys and liver, and their important part in life, the doctor went on to say:

"Having found this great truth, I saw clearly the cause of my recovery. The simple vegetable leaf I had used was a food and restorer to my well-nigh exhausted kidneys and liver. It had come to them when their life was nearly gone and by its simple, yet powerful influence had purified, strengthened and restored them and saved me from death. Realizing the great bene-tit which a knowledge of this truth would give to the world I began, in a modest way, to treat those afflicted and in every case I found the

HAPPY RESULTS

which I had experienced. Not only this but many, who were not conscious of any physical trouble but who, at my suggestion, began the use of the remedy which had saved my life, found their health steadily improving and their strength continually increasing. So universal, where used, was this true, that I determined the Queen Victoria's drawing-room is a dismally ceremonious thing; but the last time it was held there was a pretty bit of youthful brightness visible. Between the folding-doors at the end of the gallery peeped and peered Alexandra's three small daughters, their sparkling faces and dancing eyes little according with the deep court mourning finey wore.

Strength continuary, increasing. So aniversative where had, was this true, that I determined the where had, was this true, that I determined the white had should share in its results, and I therefore placed the formula for its preparation in the hands of Mr. H. H. Warner, of Rochester, N. Y., a gentleman whom I had cured of a severe kidney disease, and who, by reason of his personal worth, high standing and liberality in endowing the Astronomical Observatory and other public enterprises, has become known and other

too often well-founded, but the value of a mure remedy is no less because it is a proprietary medicine. A justifiable prejudice exists toward quack doctors, but is it right that this preju-dice should extend toward all the doctors who are earnestly and intelligently trying to do their duty? Because Warner's Safe Kidney and Liver Cure saved my life before it became a proprietary medicine, is it reasonable to sup-pose that it will not cure others and keep still more from sickness now that it is sold with a

government stamp on the wrapper? Such a theory would be childish." The doctor then paid some high compliments to American science, and closed his lecture as

"How to restore the health when broken, and how to keep the body perfect and free from disease must ever be man's highest study. disease must ever be man's highest study. That one of the greatest revelations of the present day has been made in secretaining the true seat of health to be in the kidneys and liver, all scientists now admit, and I can but feel that the discovery which I have been permitted to make, and which I have described to you, is destined to prove the greatest, best and most reliable friend to those who suffer and long for happiness, as well as to those who desire to keep the joys they now possess."

Excess of Fat.

Dr. George Johnson's diet for excess of fat: The patient may eat: Lean mutton and beef, veal, lamb, tongue, sweetbread, soups, not thickened; beef tea and broths, poultry, game, fish, cheese, eggs, bread in moderation, greens, spinach, watercress, mustard and cress, lettuce, asparagus, celery, radishes, French beans, green peas, Brussels sprouts, cauliflower, onions, broccoli, sea-kale, jellies, flavored but not sweetened; fresh fruit in moderation, without sugar or cream; pickles.

May not eat: Fat bacon and ham, fat of meat, butter, cream, sugar, potatoes, carrots, parsnips, beet root, rice, arrowroot, sago, tapioca, macaroni, vermicelli, semolina, custard, pastry and pudding of all kinds, sweet cakes.

May drink: Tea, coffee, cocoa from nibs, with milk, but without cream or sugar; dry wines of any kind in moderation, brandy, whisky or gin in moderation without sugar; slight bitter beer, Apollinaris water, soda water, seltzer water.

May not drink: Milk, except sparingly; porter and stout, sweet ales, sweet wines. As a rule, alcoholic liquors should be taken very sparingly, and never without food.

"Deacon Wilder, I want you to tell me how you kept yourself and family so we'l the past season, when all the rest of us have been sick so much, and have had the doctors running to us so long?"

"Bro. Taylor, the answer is very easy. used Hop Birrens in time and kept my family well and saved large doctor bills. Three dol-lars' worth of it kept us all well and able to work all the time, and I will warrant it has cost you and most of the neighbors one to two hundred dollars apiece to keep sick the same time. I guess you'll take my medicine hereafter." See

A correspondent of the New York Tribune says that for colic in horses he has used for years, and never known it to fail, the following preparation: One tablespoonful black pepper in one pint of milk, and drench; it will afford im mediate relief.

We want intelligent, energetic Lady Agents to sell to women only, an article of real hygienic merit. For particulars and liberal terms, address WAGNER & CO., Chicago, III.

Two Carolina telegraph operators quarreled by wire, exchanged challenges in the same way, and met half way between Columbia and Charlotte to fight with fists.

Drowning Men May Catch at Straws, But sensible people when sick take Warner's Safe Kidney and Liver Cure.

An Indiana man lost fifteen steers by lightning the other day. What this country needs is a new breed of cattle born with lightning rods instead of

FOR DYSPERSIA, INDIGESTION, depression of spirits and general debility in their various forms, also as a preventive against fever and ague and other intermittent fevers, the Fanno PHOSPHOBATED ELIXIB OF CALISAYA BARK, made by Caswell, Hazard & Co., New York, and sold by all druggists, is the best tonic; and for patients recovering from fever or other sickness it has no equal.

A great improvement has recently been made in that useful product, Cansoline, a deodorized extract of petroleum, which is the only article that really cures baldness. It is now the finest

VEGETINE.-It extends its influence into every part of the human organism, commencing with its foundation; correcting diseased action, and restoring vital powers, creating a healthy formation and purification of the blood, driving out disease, and leaving nature to perform its allotted task.

RESCUED FROM DEATH. William J. Coughlin of Somerville, Mass., cays: In the fall of 1876 I was taken with bleeding of the laugs, followed by a severe cough. I lost my appetite and desh, and was confined to my bed. In 1877 I was admitted to the hospital. The doctors said I had a hole in my lung as big as a half-dollar. At one time a report went around that I was dead. I gave up hope, but a friend told me of Dn. WILLIAM HALL'S BALSAM POR THE LUNGS. I got abottle, when, to my surprise, I commenced to feel better, and to-day I feel better have for the process. I write this horder. than for three years past. I write this hoping every one afflicted with diseased lungs will take Dr. Wil-LIAM HALL'S BAISAM, and be convinced that cox-SUMPTION CAN BE CURED. I can positively say it has done more good than all the other medicines I have taken since my sickness

WARRANTED FOR 34 YEARS

AND NEVER FAILED s CURE Croup, Spasses. Diarrhesa, D'eonter" and a Sichnese, taken internally, and CHARANTEED rised: harmlese: also externally, 2018. Bruices, irouic Rheumathem. Gel Seres. Pains in the limbe-ces and cheef. Such a remedy is Dr. TOBIAS' ENETIAN LINIMIENT.

We cannot analyze the arrist poisons that produce epidemic and ondemic diseases; but the valuable discoveries which have been made in vegetable pharmacy enable us to counteract their mattle influence. The most powerful knewn antidote to every species of malaria is HOSTETTER'S STOMACH BITTERS, a pure botanical modicine, in which the finest anti-septics, tonics, alteratives and stimulants of the vegetable kingdom are skillfully and effectively combined. At seasons of the year when the atcombined. At seasons of the year when the atmosphere is surcharged with miasma, at we whenever the specific virus of any infection!
disease is supposed to be present in the air, this famous corrective should be taken regularly as a protective. All who choose to observe this precaution may bid defiance to intermittent and remittent fevers, and, in fact, to all disorders generated by foul exhalations or impure water.

"Did you call your brother a liar?" asked the stern parent, and the culprit replied: "Well, I said he was a sewing machine agent."

Factory Facts.

Close confinement, careful attention to all factory work, gives the operatives pallid faces, poor appetite, languid, miscrable feelings, poor blood, inactive liver, kidneys and urinary troubles, and all the physicians and medicine in the world cannot help them unless they get out doors or use Hor Bitters, made of the purest and best remedies, and especially for such cases, having abundance of health, sunshine and rosy checks in them. None need suffer if they will use them freely. They cost but a trifle. See another column.

There are consumed in the United States annually 1,000,000 ounces of qui-

Vegetine

Family Medicine and Health Restorer

Purifies the Blood, Renovates and Invigorates the Whole System.

GENERAL DEBILITY.

Debility is a term used to denote a deficiency of blood. The nutritive constituents of the blood are in less than their regular proportion, while the watery part is in excess. Debility is of frequent occurrence. It is incident to a variety of diseases. The lower limbs are apt to be swollen. The patient is feeble and cannot bear much exertion. The circulation of the heart is a very common symptom. Violent emotion often throws the heart into the most unultuous action. The vital functions are languisly performed. The muscular strength is diminished; fatigue follows moderate or slight exercise. The breathing, though ouist when at rest, becomes hurried and even painfully agitated under exertion, as in running, ascending brights, etc. The nervous system is often greatly disordered. Vertigo, dixiness, and a feeling of faintness are very common. Violent and obstinate neuralize pains in the head, side and breast, or other parts of the body, are also frequent attendants upon the disease. The secretions are sometimes diminished. In temales the menses are almost always either suspended or very partially performed. The bile is scanty, and coaliveness, with unhealthy evacuations from the bowels, and dyspeptic state of the stomach, are extremely common symptoms.

Disease of the Blood.

BALTIMORE, MD., April 28, 1879.
DR. H. R. STEVENS:
Dear Sir: I have suffered for about two years with a disease of the blood, and after using different remedies, but finding no relief, I was induced to try Vegetine. After taking two bottles I was entirely cured. I have recommended it to all my friends, LEANDER LUSBY.

Vegetine is Sold by All Druggists.



For Catarrh. Hay Fever, Cold in the Head, etc., insert with little finger a particle of the Balm into the nostrie; draw strong breaths through the nose. It will be ab-sorbed, cleansing and healing the diseased membrane.

For Deafness. Oceasionally apply a particle into and back of the ear embling in thoroughl.

There is a Balm in Gilead.

There is a Baim in Gilead.

The success which has marked the introduction here of Cream Baim, actatarth cameds, prepared by Ely Bros., Owego, N. Y., is indeed marvelous. Many persons in Pittston are usit z it with most satisfactory results. A lady down-town is recovering the sense of smell, which she had not enjoyed for fitteen years, through the use of the Baim. She had given up her case as incurable. Mr. Earber, the druggist, has used it in his family, and commends it very highly. In another column, a young Tumbhannock lawyer, known to many of our readers, testifies that he was cared of partial deafness by the Baim. It is certainly a very officacious remedy.—From the Pitiston (Pa.) Gussie, August 15, 1879.

Price—50 cents. On receipt of 50 cents, will mail a package tree. Send for circular, with full information.

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Scalds, Toothache

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2d. Ask him to give you a b of it.

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They are dimbfounding the scientists and sicians, and making glad the hearts of the people A HUNDRED and THIRTY THOU people have demonstrated and can testify ease cannot be where the "WILSONIA" A GLOTHING is worn; and this without the banatiquated custom of swallowing poisonous. They are the downfall of quack nostroms, and help every physician to become an honest man; qiff drugs are to be used at all will complete every piction to be come an honest man; quiff drugs are to be used at all will complete every pictions of the country who would consult their a best interests should make themselves acquaint with the "WILSONIA." Then will they become blessing to the race, indeed, inasunch as that withey are arraed with so potent a remedy as them hands, and not as new be constantly changing the hands, and not as new be constantly changing the doctors. The "WILSONIA" MAGNETIC GARAIEN will cure every form of disease known to man. Se for circulars containing price list, testimocoules other interesting memorands of the all-conquer "WILSONIA".

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